



Thank you for your interest in knitting for Hamlin and supporting women and girls in Ethiopia. Every woman treated at one of Hamlin Fistula Ethiopia's hospitals is given a colourful knitted blanket on their arrival and they have come to be a symbol of the warmth and comfort of care that women receive at Hamlin. These beautiful knitted items go on to be treasured for years to come.

We rely on our amazing volunteer knitters to make these items and we are grateful for all the hard work that goes into them. If you would like to knit for women and girls in Ethiopia you can find the guidance on patterns below.

#### **Adult blankets:**

Squares knitted in garter stitch, double knitting acrylic yarn in bright colours, No.4mm (UK no.8) needles.

We can only send blankets made from DK yarn. Please do not use a thicker ply as the blankets become too heavy. Knitted blankets are preferable to crochet as they tend to be warmer.

Finish with a simple crocheted or blanket stitch border to strengthen.

Size: 91cms x 122cms/36in x 48in or 107cms x 137cms/42in x 54in. We can still accept blankets where the measurements fall between these sizes.

#### **Baby clothes and blankets:**

We are grateful for matinee coats, button up or v-neck cardigans and hats. Please use acrylic DK yarn in bright colours.

Babies usually weigh 7-8lbs so patterns to fit that size baby are ideal.

Blankets for babies need to be anything between 91cm/36in and 102cm/40in square. Please follow same instructions for adult blankets.

#### **Sending knitting to us:**

We will have three blanket collection weeks in 2022:

Week of 7 February, week of 20 June and week of 31 October

Due to staff and volunteer capacity and storage space it is helpful if knitting is sent to us only during these weeks, when we can ensure there will be someone available to receive packages.

Our address is 4 Parade Buildings, Nimmings Road, Halesowen, B62 9JJ. Knitted items can be posted to arrive during these weeks or dropped off in person. If you intend to come in person please contact us in advance to confirm date and time.

If you require any further information we can be contacted on 0121 559 3999 or by emailing [info@hamlinfistulauk.org](mailto:info@hamlinfistulauk.org). The best way to keep up to date with our work is to sign up to our email newsletter. If you are interested in receiving this please email us.